

## STUDENT WELLNESS: RELAX, REJUVENATE, REVIVE



Leticia Lewis hosted a 30-minute relaxation seminar on Monday, June 13, 2016 for the College of Medicine Students. The theme was: “Aromatherapy-Relax, Rejuvenate, and Revive.” The students had an opportunity to enjoy the sounds of relaxation music and participate in aromatherapy techniques.

