

CALIFORNIA NORTHSTATE UNIVERSITY
COLLEGE OF MEDICAL EDUCATION



THE CULTURE



Weekly Newsletter

Black History Month

DR. TAMIKA K. CROSS, MD

"What a doctor looks like"

Dr. Cross is a native of Detroit, Michigan. Growing up in Detroit, her maternal grandmother was a registered nurse. Her grandmother had provided her with exposure of what would spark an interest in medicine. Dr. Cross had an opportunity to attend a medical academy through her high school which allowed her to visit Emory University to work with residents and attending physicians. After high school Dr. Cross attended University of Michigan and earned her degree in Pre-Med. Dr. Cross then interned for one year at the University of Toledo and transferred to UHealth to complete her residency. Now Dr. Cross is one of two chief OBGYN residents at Lyndon B. Johnson Hospital. Her interests are in Academic Medicine and Private Practice. Dr. Cross became nationally known when she shared her story about being a woman of color in medicine while she was on a Delta airlines flight .



DR. MASHUDU TSHIFULARO, MD

"Doing things we never thought we could"

Dr. Tshifularo was born in a rural village in Venda, South Africa. At the tender age of thirteen Dr. Tshifularo knew he would become a medical doctor. He attended the University of Natal and began his career as a physician at Tshilidzini Hospital. Dr. Tshifularo has been a professor and head of the Department of Otorhinolaryngology at the University of Pretoria. In 2000 he was appointed as the youngest and only Black professor of ENT in South Africa. Dr. Tshifularo became world known when he successfully performed the first transplant surgery of the middle ear using three dimensional printer inner ear bones.

CALIFORNIA NORTHSTATE UNIVERSITY
COLLEGE OF PHARMACY **THE CULTURE** *Weekly Newsletter**Black History Month***DR. DORIS MANFORD, PHARMD**

Dr. Doris Manford was born in Takoradi, a small town along the coast of Ghana, West Africa. She spent most of her childhood years in Takoradi. She attended Wesley Girls High School in Cape Coast, Ghana. From there she was accepted into the pharmacy program at Kwame Nkrumah University of Science and Technology (KNUST), Kumasi, Ghana. She received her BPharm degree from KNUST in 2006. After she completed her pharmacy degree she moved to the United States the following year to join her family. She continued to pursue her pharmacy career by working at CVS Pharmacy as a foreign pharmacy intern. She later decided to continue her education to pursue her doctorate degree. She was accepted to California Northstate University College of Pharmacy (CNUCOP). She received her Doctor of Pharmacy degree from CNUCOP in 2014 with Magna Cum Laude distinction. She also pursued a second graduate degree simultaneously and received a Master's degree in Public Health with concentrations in Health Policy and Education from Benedictine University in Illinois. She completed PGY1 Residency at Mercy General Hospital / Mercy San Juan Medical Center in 2015. Dr. Manford is a Board Certified Pharmacotherapy Specialist. She also holds an advanced practice pharmacist license from the California Board of Pharmacy. She currently works as a Clinical Pharmacist/Transitions of Care Pharmacist at Mercy San Juan Medical Center. She was very instrumental in the implementation of Pharmacy Transitions of Care (TOC) Services at Mercy San Juan Medical Center. She would like to have an opportunity to implement either TOC or other clinical pharmacy services at other inpatient hospitals. Her career goal is to become a clinical pharmacy manager. She also loves teaching, and is currently a preceptor for both students and residents.



*Alumnus
Class of 2014*