

CSHP Chapter Highlight: California Northstate University, College of Pharmacy

THE SEMINAR EXPERIENCE: CNU STYLE

CLINICAL SKILL COMPETITION, QUIZBOWL, AND THE SHOWCASE



CNU faculty and students pose for a picture after Quizbowl

As Seminar 2020 was held at Disneyland this year, the attendees from CNU made a trip to Southern California. On Thursday, October 17th, P4 students, Khai Nguyen and Michael Wu, represented CNU during the clinical skills competition after winning the local competition in Elk Grove. Saturday, students from all across California headed to the Pacific Ballroom at the Disneyland Hotel to join in on a friendly competition against each other. On CNU’s team were P2-P4 students: Aleks Foksha, Alexa Ang, Christina Stephenson, Eric Cho, Janice Wang, Khai Nguyen, Sarah Kim, Tony Huynh, Valerie Lee, Vivia

Phu, Waseem Bader, and Wilson Tang. Students were riveted by the 2-day Residency Showcase and even quite delighted to see their very own CNU showing off their residency program in association with Sutter Health. In addition, several students presented their research during the student poster session including the CNU/UOP/CSHP-SV Mentorship Program. Many



students were first time attendees so some of the comments made about the experience were, “one of the best conferences”, “overwhelming”, and “especially useful”.

Students Michael Wu (left) and Khai Nguyen (right) snap a quick selfie before the clinical skills competition.

SENIOR SERVICES: SPIROMETER TESTING

As a part of the Respiratory Health Initiative, our student chapter sets up health fairs in collaboration with Breathe CA – Sacramento, a nonprofit organization under Kaiser Permanente. We provide volunteer services around the Elk Grove and Sacramento area, many of them being at senior and assisted living homes. Some services that we provide are spirometry (pictured below), glucose screenings, peak flow readings, blood pressure screenings, education, and more.



Sang Phan (P2 Student) measures the lung function of an ACC Assisted Living Facility resident.

LET'S TALK RESIDENCY:

RESIDENCY ROUNDTABLE AND THE RESIDENCY SERIES

This past winter, CNU's CSHP student chapter held their annual residency roundtable along with other CNU student chapters, AMCP and SCCP, as part of their residency series. It was the first part of the 3- part residency series that this chapter holds which is aimed at gaining student interest in residency, informing them about the various programs and their requirements, and allowing the students and programs get to know each other. The residency roundtable is one of the larger events held on campus. This year, we had a turnout of 50 students and hosting 5 residency programs including: Engolve Pharmacy Solutions, Dignity Health, Kaiser Permanente, UC Davis' Toxicology-Poison Control Special Elective Rotation, and CNUCOP/Sutter Health. During this event, dinner is served followed by timed rounds where students can rotate around the tables where the program representatives are seated. This was the first event of the residency series to gauge student interest in residency in order to guide the topics of the rest of the events.



Pictured above are the representatives of each program (director and/or resident) and the student executive board of CNU's CSHP, AMCP, and SCCP student chapters.

The second part of the series was Residency 101 held by Dr. Myung Choi who completed his PGY-1 at the University of Chicago Medicine and is now is a clinical pharmacist at Kaiser Permanente Sacramento Medical Center and UC Davis Medical Center. During Residency 101, Dr. Choi explained the preparation needed in pharmacy school, the application timeline, PHORCAS, and the matching process in a quick 1-hour session follow by a Q&A.

We unfortunately could not hold the third part of our residency series yet due to the occurrences involving COVID-19 but will reschedule as soon as the situation allows.



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