

CNUCOM Students at the 2016 CAFP Procedural Workshop!

On May 7th, 2016, around 20 students from CNUCOM attended the annual California Academy of Family Physicians procedural workshop at Kaiser Napa-Solano in Vallejo. Other medical students present included those from Touro, UC Davis and Stanford. The focus of the workshop was for students to learn about the common procedures that are performed in a primary care setting, for students to understand more about family medicine and ask questions to family practice physicians about their jobs.

Students were split up into groups and rotated around several stations to learn common procedures and exams performed in a primary care setting. These included: musculoskeletal exam and joint injections of the shoulders and knees, pap smears and IUD insertion, suturing, skin biopsy, ultrasound screenings and ultrasound guided injections. Students were taught by family medicine faculty, fellow and residents across the Northern California region, including our very own Dr. Haesslein, who volunteered his Saturday to teach students the art of suturing!

At the end of the workshop, students were given a free e-copy of “Crush Step 1”, a study guide for the USMLE Step 1 exam written by Dr. Ted O’Connell, who is the family medicine residency program director at Kaiser Napa-Solano.

CNUCOM students learned valuable knowledge and had a great time at the workshop!

